

## 2022 Lunch/Dinner Menu

G: Gluten Free options available

V: Vegetarian options available

Eateries that are currently closed are marked with an (\*)

### 14<sup>th</sup> Street Deli – V

- Any regular eight-inch cold or hot sandwich OR salad with either grilled chicken, ham or turkey
- Chips or cookie
- Medium soda or iced tea

### California Tortilla – V, G

- Small burrito OR classic tacos (2) OR classic quesadilla OR nachos (chicken, beef or veggie)
- 20 oz. fountain soda or bottled water

### Flamers

- ¼ lb. hamburger OR cheeseburger OR chicken filet OR 3 piece chicken tenders
- Regular fries
- Regular beverage

### Forever Young Café – V, G

- Regular sized classic salad including make-your-own OR any classic sandwich (except Today's Special), wrap OR simple melt grilled cheese with strawberry smoothie OR any large smoothie
- Medium soda
- Chips

### Gelatissimo – V

- Any Italian sandwich
- Gelato (Italian ice cream) or chocolate mousse dessert
- Medium soda or small coffee

### Great Wraps

- Choice of any regular size original gyro (lamb and beef) OR 3 piece chicken tenders OR Philly cheesesteak, chicken Philly or chicken wrap, chipotle chicken or chicken Caesar or Santa Fe or buffalo chicken (crispy or grilled) OR veggie falafel hummus OR Baja or Greek bowl (no fries)
- Regular fries
- Regular drink

### Kabuki Sushi & Teriyaki – V, G

- Rice bowl choices: chicken teriyaki or sesame chicken or chicken and noodles OR salad with chicken OR sushi: 12 pcs California roll or 6 pcs spicy Cali and 6 pcs California roll or 12 pcs. Veggie roll or 4 pcs spring roll
- Medium fountain drink

#### Larry's Cookies & Ice Cream

- Two scoops of ice cream Or one scoop of ice cream and one cookie OR two cookies
- Medium soda or coffee

#### Nook – V, G

- 12" cheese quesadilla OR pulled BBQ pork sandwich OR pulled BBQ vegan sandwich OR pulled BBQ chicken sandwich
- Small salad or chips
- Mini dessert
- Soft drink or water

#### Panera Bread

- Half sandwich (Grilled Cheese, Mediterranean Veggie, Turkey, Tuna or Ham) OR half salad (Greens, Greek or Caesar)
- Cup of soup (excludes Mac & Cheese)
- Regular drink (fountain, 20 oz. water)

#### \*Quick Pita – V, G

- Gyro (lamb and beef or chicken) OR falafel (vegan) OR pita-burger OR cheese-pita
- French fries or baklava
- 20 oz. soft drink or bottled water

#### R&B Steak and Grill

- Philly Cheesesteak OR Chicken Cheesesteak OR Chicken Strips OR 10 Chicken Nuggets OR Buffalo Sub OR 6 Boneless Buffalo Wings
- French Fries
- Medium drink

#### Sbarro

- One slice of any NY pizza with a side salad OR one slice of any NY pizza with 2 garlic breadsticks OR one slice of any NY pizza with one cookie or chips OR spaghetti or baked ziti with garlic breadsticks
- Regular fountain drink

#### Smoothie King – V, G

- Any 32 oz. smoothie from the "Favorites" List

#### Subway – V, G

- Any regular 12" sub OR 6" sub with chips and cookie
- Medium drink or bottled water