

## 2023 Lunch/Dinner Menu

G: Gluten Free options available

V: Vegetarian options available

### 14<sup>th</sup> Street Deli – V

- Any 8" sub sandwich from the "favorites" list OR salad with grilled chicken, ham or turkey
- Chips
- Soda or iced tea

### Café Manet

- Panini sandwich and chips OR small salad, soup and cookie OR three salads
- Soda or iced tea

### California Tortilla – V, G

- Small burrito OR (2) classic tacos OR classic quesadilla OR nachos (chicken, beef or veggie)
- 20 oz. fountain soda or bottled water

### Flamers

- Either regular hamburger, cheeseburger, chicken filet, or 4 piece chicken tenders
- Regular fries and soda

### Forever Young Café – V, G

- Regular size classic salad including make-your-own OR any classic sandwich or wrap (except Today's Special) OR simple grilled cheese with strawberry smoothie OR any large smoothie
- Medium soda and chips

### Gelatissimo – V

- Any Italian sandwich
- Gelato (ice cream)
- Soda or coffee

### Great Wraps - V

- Choice of any regular size original gyro (lamb and beef) OR 3 piece chicken tenders OR Philly cheesesteak, chicken Philly or chicken wrap, chipotle chicken or chicken Caesar or Santa Fe or buffalo chicken (crispy or grilled) OR veggie falafel hummus OR Baja or Greek bowl (no fries)
- Regular fries and drink

#### Kabuki Sushi & Teriyaki – V

- Chicken teriyaki or rice bowl OR fried rice with sesame chicken or salad OR 12 pcs California roll or veggie roll OR 6 pcs spicy California and 6 pcs regular California roll, OR 4 pcs spring roll
- Medium fountain drink

#### Larry's Cookies & Ice Cream

- Two scoops of ice cream OR one scoop of ice cream and one cookie OR two cookies
- Medium soda or coffee

#### Nook – V

- 12" cheese quesadilla OR pulled BBQ pork or chicken sandwich OR pulled BBQ vegan sandwich
- Chips, mini dessert and soft drink or water

#### Panera Bread - V

- Small mac & cheese with chips OR half grilled cheese sandwich with cup of tomato soup and chips OR half deli turkey sandwich with cup of tomato soup and chips OR half Caesar salad with cup of chicken noodle soup and chips
- Bottle of spring water or 16 oz. fountain drink

#### R&B Steak and Grill

- Philly cheesesteak OR chicken cheesesteak OR 3 chicken strips OR 8 chicken nuggets OR buffalo sub OR boneless buffalo wings
- French fries
- Medium drink

#### Sbarro

- One slice of any NY pizza with a side salad OR one slice of any NY pizza with 2 garlic breadsticks OR one slice of any NY pizza with one cookie or chips OR spaghetti or baked ziti with garlic breadsticks
- Regular fountain drink

#### Smoothie King – V, G

- Any 32 oz. smoothie from the "Favorites" List with a granola bar

#### Subway – V, G

- Any regular 12" sub OR 6" sub with chips and cookie
- Medium drink or bottled water