**DRAFT PROGRAM AGENDA**

**March 17-19, 2023**

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| **DATE** | **TIME** | **EVENT ACTIVITY** | **DESCRIPTION** |
| March 17 (F) | 5:30 - 10:00P | Sister-2-Sister Cocktails & EXHALE | Platinum VIP B2B networking/ Mixing business and pleasure |
|  | 6:00 - 10:00P | Welcome | Kickoff/Occasion/Toast |
|  | 7:00 - 9:00P | Author’s Corner/Book Sale | Author excerpt readings/sale |
|  | 5:30 - 10:00P  | Exhibit Show | Vendor sales |
| March 18 (S) | 9:00 - 9:15A | Opening | Welcome and event framing |
|  | 9:15 - 9:30A | Real Talk w/ DocV | Set the transformational stage |
|  | 9:30 - 10:00A | Speaker #1 - Mind | 25 minute talk/5 minute Q&A |
|  | 10:00 - 10:30A | Speaker #2 - Mind | 25 minute talk/5 minute Q&A |
|  | 10:30 - 10:45A | Break/Exhibits | On your own |
|  | 10:45 - 11:15A | Speaker #1 - Body | 25 minute talk/5 minute Q&A |
|  | 11:15 - 11:45A | Speaker #2 - Body | 25 minute talk/5 minute Q&A |
|  | 11:45 - 12:00P  | Lunch/Exhibits | Provided/On your own |
|  | 1:00 - 1:30P | Speaker #1 - Soul | 25 minute talk/5 minute Q&A |
|  | 1:30 - 2:00P | Speaker #2 - Soul | 25 minute talk/5 minute Q&A |
|  | 2:30 - 2:45P | Break/Exhibits | On your own |
|  | 2:45 - 3:15P | Speaker #1 - Business | 25 minute talk/5 minute Q&A |
|  | 3:15 - 3:45P | Speaker #2 - Business | 25 minute talk/5 minute Q&A |
|  | 3:45 - 4:00P | Break/Exhibits | On your own |
|  | 4:00 - 4:45P | Mind-Body-Soul-Business Panel | Panel Talk w/ Q&A |
|  | 4:45 - 5:00P | Closing Remarks | Summary/Motivate into action  |
|  | 5:00 - 7:00P | Exhibits | On your own |
| March 19 (Su) | 9:00 - 9:45A | Spiritual Connections | Connecting spiritually to ground emotionally |
|  | 10:00 - 12:30P | Way Forward Round Table | Platinum VIP B2B moving the needle talk and business deals |
|  | 1:00P - 3:00P | Brunch | Platinum VIP Outing |